



Complimentary WiFi
Network: Marriott
Conference Center
Passcode: TMF2024

37th Caduceus Retreat
June 7-9, 2024
Franklin Marriott Cool Springs
700 Cool Springs Blvd
Franklin, TN 37067

FRIDAY, JUNE 7

- 4:00 pm-7:00 pm Registration – *Inside Conference Center entrance*
 Hospitality Room – *Clydesdale Room*
 Dinner – *On Your Own*
- 7:00 pm-10:00 pm **TMF Newcomer’s Meeting / “In Remembrance” – Salon 5**

SATURDAY, JUNE 8

- 7:00 am-9:00 am Breakfast - *On Your Own*
- 7:30 am-8:30 am TMF Combined Self-Help Meeting (AA/NA/SA) –
Mustang/Quarterhorse/Palomino Rooms
- 9:00 am-10:30 am **Your Future Self, Pitfalls to Avoid, and the Precious Present**
Stephanne Thornton, MSW, LICSW, MAC, CCTP, CSOTP
Session 1 – The Science Behind Our Conceptions of and Alignment with
Our Future Self – Salon 5
- 10:30 am-10:45 am Break
- 10:45 am-11:45 am ***Session 2 – Taking a Rigorous Look at Ourselves***
- 11:45 am-1:15 pm Lunch Provided – *Salon 5*
- 12:00 pm-1:00 pm **Caduceus Leader Lunch Meeting – Mustang/Quarterhorse/Palomino**
For Caduceus Group facilitators only
- 1:15 pm-2:45 pm ***Session 3 – Recognizing Pitfalls that Take Recovery Off-Track and Create***
Distance from One’s Future Self
- 2:45 pm-3:00 pm Break

SATURDAY (cont.)

3:00 pm-5:00 pm

Session 4 –

- ***Why Commitment Tools Work to Help Us Stay on Course***
- ***One Day at a Time, Just for Today, My Future Self, and the Precious Present***
- ***Closing Exercises to Enhance and Reinforce Alignment with Our Future Self while Valuing the Present***

5:00 pm

Dinner – *On Your Own*

SUNDAY, JUNE 9

7:00 am–9:00 am

Breakfast – *On Your Own*

7:30 am–8:30 am

TMF Combined Self-Help Meeting (AA/NA/SA)
Mustang/Quarterhorse/Palomino

9:00 am–10:30 am

A Personal Story of Substance Use Disorder and Recovery
Nancy Hooper, DPh – Salon 5

See you June 6-8, 2025, for the 38th Caduceus Retreat!